Need First Aid?

Option 1: See an LSC First Aid Attendant

- For names and locations of attendants call the LSC Safety Advisor at (604) 827-4127 or ask your local safety committee member or departmental administrator
- Go to the LSC Reception / Administration desk, ask to see a first aid attendant
- LSC First Aid Attendants are generally available during regular working hours

Option 2: Go to the UBC Student Health Services (*Students Only*)

- Located at Student Health Services (Suite M334 - 2211 Wesbrook Mall)
- Hours of Operation: Mon, Tues, Thurs & Fri 8 a.m. to 4 p.m.
  Wednesdays 8 a.m. to 8 p.m.

Option 3: Call the UBC "2-4444" Mobile First Service (*Faculty and Staff only*)

- This service is available, *no matter how minor the injury*
- This free-of-charge service is available *24 / 7*

How to call for Mobile First Aid at UBC:

1. **Dial: 604- 822- 4444**
   This automatically directs the call to the VFRS Dispatch Centre.
2. **Give the Dispatcher all the requested information,**
   This is to include: the nature of the injury, the exact location of the patient and any other relevant information that is requested.
3. **Follow all instructions given**
   Stay on the line until told to hang up.
4. **Assign a person to help guide the responders to the patient**

Note: Call 9-1-1 if the injury is severe (or if there is any reason to think it might become severe).

For a complete list of LSC Emergency Procedures, call the LSC Safety Advisor at 604-827-4127 or go to the LSC website http://facilities.med.ubc.ca/lsc/ and click on the "Health and Safety Page"